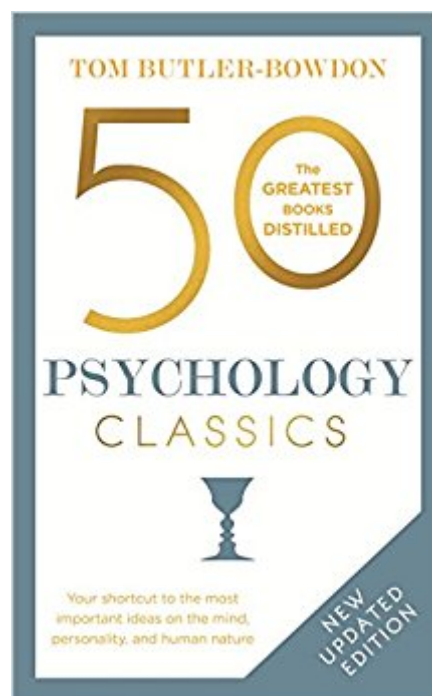




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# 50 Psychology Classics, Second Edition: Your Shortcut To The Most Important Ideas On The Mind, Personality, And Human Nature (50 Classics)



## Synopsis

This brand new edition of the bestselling 50 Psychology Classics includes new classics like Thinking, Fast and Slow; Quiet and The Marshmallow Test. In a journey spanning 50 books, hundreds of ideas and over a century, 50 Psychology Classics looks at some of the most intriguing questions relating to what motivates us, what makes us feel and act in certain ways, how our brains work, and how we create a sense of self. 50 Psychology Classics explores writings from some iconic figures such as Freud, Adler, Jung, Skinner, James, Piaget and Pavlov, but also highlights the work of contemporary thinkers such as Gardner, Gilbert, Goleman and Seligman. 50 Psychology Classics will further your understanding of human nature and yourself.

## Book Information

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## Customer Reviews

At long last a chance for those outside the profession to discover that there is so much more to psychology than just Freud and Jung. 50 Psychology Classics offers a unique opportunity to become acquainted with a dazzling array of the key works in psychological literature almost overnight. •Dr Raj Persaud, Gresham Professor for Public Understanding of PsychiatryButler-Bowdon writes with infectious enthusiasm. He is a true scholar of this type of literature. •USA TodayThis delightful book provides thoughtful and entertaining summaries of 50 of the most influential books in psychology. It's a 'must read' for students contemplating a career in psychology. •VS Ramachandran, Director, Center for Brain and Cognition, University of California, San DiegoA brilliant synthesis. The author makes complex ideas accessible and practical, without

dumbing down the material. I found myself over and over thinking, 'Oh, that's what that guy meant.'â •Douglas Stone, lecturer on law at Harvard Law School and co-author of 'Difficult Conversations'"Intelligent, engaging, and crisp . . . will appeal to anyone who is seeking to understand themselves, partners, colleagues, or bosses better"â •Wendy Taylor The Age

Tom Butler-Bowdon is the author of seven books including 50 Politics Classics (2015), 50 Philosophy Classics (2013) and Psychology Classics (2007). Bringing important ideas to a wider audience, the award-winning > series has been read by over a million people and is in 23 languages. The >concept is based on the idea that every subject or genre will contain at least 50 books that encapsulate its knowledge and wisdom. By creating a list of those landmark or representative titles, then providing commentaries that note the key points and assess the importance of each work, readers learn about valuable books they may not have discovered otherwise. Tom is a graduate of the London School of Economics and the University of Sydney. He lives in Oxford, UK. Visit his website [www.Butler-Bowdon.com](http://www.Butler-Bowdon.com)

NOTE: This review is not a list of which books by which authors are included - my intent is to use MY impression to help you understand how he approaches what he DOES include and why you might want to buy a copy yourself.-----I have purchased TBB's "Classics" every time they have come up on at a great price, and I have \*never\* been disappointed. I think I have them all now - unless there is something new I need to buy (and WILL!)I have always been a \*voracious\* reader, so his summary reviews of books I haven't read guide future purchases BECAUSE his summaries of the important points of those I have already read are excellent and spot-on, IMHO! He is also a clear and interesting writer himself.Each summary (of approx. five pages of decent-sized print that even my Boomer eyes find readable) begins with the book's date of publication and its title, followed by two quotes from the book itself, moving right along to his "In a Nutshell" one to two line impression of the underlying theme put forward in the book "on review."Underneath (and on the same page) is his "In a similar vein" - listing other books among the 50 that examine themes right at home with the ones in the book he is about to summarize - WITH the page # where you can find them. Nice not having to flip to the back index, the Table of Contents, or leaf through the book - and an example of the way his mind approaches giving readers what they will be interested in knowing.He makes good use of bold, larger type TOPIC HEADINGS within each summary, making it easier to locate what you need again and priming your brain for the information in the next few paragraphs (a convention that also makes for easier reading for those who struggle staying

tracked). This convention underscores his suitability to the project -- that he knows about the "rock to rock" way in which readers who struggle read best, as well as his seemingly innate understanding that many would-be purchasers may well be among that particular segment of the population. In his "Final comments" that follow each summary, he may also add a bit about why he feels the book deserves inclusion and readership (for those whose ideas have detractors), and a comment or two that puts the book in context with the rest of the field. At the very end of each summary he leaves you with a brief bio of the author, other books published, and usually a factoid or two to give you a lens through which to view this particular book and/or the author's work in general. In approximately 5 pages, he condenses the major points of the book, including his "Final comments."

Impressive! Make SURE you don't skip the volume's Introduction, where he explains how the summarized books "clump" by category, and why he included the ones he choose (ex., "[TBB's book] is less about fixes to problems than supplying general insights into why people think or act as they do." along with underscoring his point that NO book of this type can claim to be definitive or comprehensive.) The intro concludes with the following ". . . psychology is the only science exclusively devoted to the study of human nature, and its popular literature - surveyed in this collection - aims to convey this vital wisdom." For MY money, his aim is pretty darned true! BTW - Even if your personal library is as extensive as mine, you might want this book anyway, as a sort of "collection index" -- to remind you which book has the ideas you want to get back to or recommend to another, for example. If you are a student of psychology, I'm surprised you don't ALREADY own it. Madelyn Griffith-Haynie, CMC, SCAC, MCC- ADD Coaching Field co-founder -(blogs: ADDandSoMuchMore and ADDerWorld - dot com!)"It takes a village to educate a world!"

This is like holding a psychology library in your hand. Read this book and you will know the most important information from 50 psychology books. What better leverage of your time can you get.

Very easy yet stimulating read! Each chapter is a 4-5 page summary of a different psychologist's famous work. There are several of the books summarized in here that I'm going to order!

As a psychology instructor, I found 50 Psychology Classics by Tom Butler-Bowdon to be a well-written, informative treasure trove of information about the theories, concepts, and lives of some of psychology's greatest. In fact, for weeks I've been sharing so many tidbits of information (like Erik Erikson changing his name after he became a United States citizen) with my students that many are probably getting tired of hearing about this awesome book. As expected, the BIG names

such as Freud, Skinner, Watson, Erikson, and Maslow are included, and so were some lesser known people whose work I admire. Howard Gardner and his theory of multiple intelligences, Gail Sheehy and her passages of adult life, and Daniel Coleman and his concept of emotional intelligence are but a few of the psychologists included. My personal favorites include Fritz Perls, noted Gestalt psychologist of yesteryear, and Daniel Seligman, cognitive psychologist. I had forgotten about Perls and his original way of thinking and of dealing with patients. His admonition to "lose your mind and come to your senses" is a concept that I've thought about many times since reading this passage. Perls felt that people think too much, and that with their tendency to overanalyze and fret about things, they fail to truly experience life and its richness. The summary of how Seligman gained insight into his grouchiness at age 50 was quite interesting, and I was fascinated by how he turned this insight into research about the cognitive elements of happiness. Well-organized and easy to read, each of the 50 classics begins with a few famous quotes from the psychologist before proceeding to "in a nutshell," an overview of the psychologist's work, and a brief biographical sketch. It's reassuring to see this reference book on my shelf, and I'm thinking of buying some for gifts. Yes, it's that good.

This book arrived in great condition (as described). Absolutely head over heels for this one! If you have any type of interest in psychology you will love this book. Very well written and easy to understand. I found this VERY helpful during all three of my psychology courses in college just used it for additional information and a lot of it related back in my lectures, paper writing, and tests/quizzes. This is not a self help kind of book, but more of a collection of psychology classics :-)

It is addicting and tough to put down!

This is truly a must-read for anyone wanting to understand more about what makes us tick. Though, the book only brushes up on the most influential theories/thoughts/learning of modern psychology that is enough for most everyone. From relationship advice to human nature, this will surely help you for many things in life. Knowledge is power!

Insightful and knowledgeable summary of psychology classics. For those who read the books in the past, it is a great review. For those who have never gotten around to reading them, or all of them, it provides an excellent history of the development of the science of the study of the mind and a rationale for the application of psychological principles.

Excellent read for those who are really interested in psychology. Gives a broad view of the field of psychology and the classics that have made psychology what it is today. Could be useful for someone who is studying for entrance into graduate work or just wants to learn more about the field. It is well written and not a difficult read.

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